

David I. Rodriguez, PsyD

EDUCATION

PsyD Clinical Psychology October 2025

The Chicago School of Professional Psychology, Washington, D.C.

MA Psychology September 2022

The Chicago School of Professional Psychology, Washington, D.C.

BA Psychology May 2020

Monmouth University, West Long Branch, NJ

RELEVANT EXPERIENCE

Psychology Associate I

John L. Gildner Regional Institute for Children and Adolescents, Rockville, MD 2025

- Programmatic development for comprehensive treatment of acute psychiatric patients
- Case management for complex cases, spanning trauma, anxiety-based, depressive, obsessive-compulsive, conduct, and schizophrenia spectrum disorders
- Conducted comprehensive psychological assessments for the development of IEPs
- Completed in-depth therapeutic conceptualization evaluations
- Co-led therapeutic process, psychoeducational, and skills-based treatment groups
- Provided family therapeutic services to families having a variety of complex difficulties through both short- and long-term interventions
- Managed needs of acute patients within a psychiatric residential facility
- Navigated complex systemic challenges in a multi-discipline residential/educational facility
- Tailored a variety of treatment interventions spanning DBT, IPT, and CBT
- Engaged in frequent consultation with a multi-disciplinary treatment team, including psychiatrists, educational providers, and pediatricians
- Interfaced regularly with community-based agencies

Doctoral Intern

John L. Gildner Regional Institute for Children and Adolescents, Rockville, MD 2024

- Case management for complex cases, spanning trauma, anxiety-based, depressive, obsessive-compulsive, conduct, and schizophrenia spectrum disorders
- Conducted psychodiagnostic assessments for triennial IEPs
- Co-led DBT group therapy interventions through complex group dynamics.
- Provided family therapeutic services to families having a variety of complex difficulties through both short- and long-term interventions
- Managed needs of acute patients within a psychiatric residential facility
- Navigated complex systemic challenges in a multi-discipline residential/educational facility
- Tailored a variety of treatment interventions spanning DBT, IPT, and CBT
- Engaged in frequent consultation with a multi-disciplined treatment team, including psychiatrists, educational providers, and pediatricians

Extern

2023

North Spring Behavioral Healthcare, Leesburg, VA

- Implemented therapeutic interventions spanning MDT, parent training, and DBT
- Managed needs of acute patients within a psychiatric residential facility
- Participated in family therapy and engagement
- Led in group therapy for acute patients
- Operated within treatment teams of psychiatrists and social workers
- Finalized dozens of notes within the healthcare system
- Provided treatment in a variety of disorder and behavioral classifications, including psychosexual and impulse control disorders

Extern

2022

Child Guidance Clinic, Superior Court of the District of Columbia

- Conducted comprehensive assessments and integrated psychological reports
- Managed complete intake sessions
- Implemented therapeutic techniques from a variety of modalities
- Operated nuanced treatment planning for complex juvenile cases
- Compiled tailored recommendations for complex juvenile cases
- Created and maintained professional relationships, aiding in the provision of assistance for juveniles
- Engaged in the treatment of a variety of disorder classifications, including substance use and impulse control disorders

Extern

2021

Insight Psychological Services, Stafford, VA

- Conducted comprehensive assessments
- Finalized dozens of integrated psychological reports
- Directed complete intake sessions under direct observation
- Participated in thorough case conceptualizations in completing numerous complex cases
- Aided in psychological assessments for immigration and other court-ordered examinations
- Developed research information to provide support in the facilitation of services in special circumstances

RELEVANT SKILLS

- Strong understanding of psychopathology
- Broad implementation of psychological treatments
- Experience in treatment of treatment-resistant clients
- Comprehension of academic research articles
- Excellent written and verbal communication skills
- Designed and Conducted research studies
- Understanding in a variety of psychological assessments
- Data collection and analyses
- Strong desire to learn and grow
- Comprehensive intake interviewing

RESEARCH EXPERIENCE

2025	Measuring CPTSD and Clinician Perceived Characteristics of ‘Treatment Non- Responders’ (Dissertation)
2020	Thesis on Unconscious Accommodations for Those with Mental Illness

