

# **Jolene Drblik, Psy.D.**

## **Licensed Clinical Psychologist**

### **EDUCATION**

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**Doctor of Psychology, Clinical Psychology** **2015-2023**

The Chicago School of Professional Psychology, Chicago, IL.

APA-Accredited Program

Dissertation: Socio-Emotional Learning (SEL) in Graduate School Training

**Master of Arts, Clinical Psychology** **2015-2020**

The Chicago School of Professional Psychology, Chicago, IL.

**Bachelor of Science** **2010-2014**

Loyola University New Orleans, New Orleans, LA.

### **LICENSURE**

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**Licensed Clinical Psychologist**

State of Maryland - License # 07304

Date of Licensure: 10/2024

### **CURRENT CLINICAL EXPERIENCE**

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**Kentlands Psychotherapy** **Gaithersburg, MD.**

Licensed Clinical Psychologist **2025-Present**

- Conducts weekly individual therapy sessions with children, adolescents, and young adults.

**John L. Gildner Regional Institute for Children and Adolescents** **Rockville, MD.**

Licensed Clinical Psychologist **2024-Present**

Psychology Associate **2023-2024**

Doctoral Intern **2022-2023**

- Conduct weekly individual therapy, family therapy, and PRN sessions to a population of culturally diverse children and adolescents ranging in age from 11 to 18 in attendance at a therapeutic day school and residential treatment center.
- Create individualized treatment plans with attainable goals focused on client's pertinent areas of growth and completed weekly monthly clinical documentation.
- Collaborate with school staff, psychiatrists, occupational therapists, expressive therapists and external agencies to ensure continuity of care across settings and situations.
- Supervise a master's level doctoral intern in psychotherapy by overseeing case conceptualizations and treatment planning, providing feedback on session recordings and clinical documentation, and serving as co-family therapist.
- Co-led weekly process group therapy with adolescents to explore dynamics experienced living in a residential treatment unit.

- Administered, scored, and interpreted intellectual, educational, and emotional psychological assessments for Individual Educational Plan (IEP) re-evaluations as a Doctoral Intern.

## **PAST CLINICAL EXPERIENCE**

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### **Marjorie Kovler Center Child Trauma Program**

**Chicago, IL.**

Therapy Extern

**2021-2022**

- Conducted weekly individual therapy with culturally diverse asylum seeking and refugee children, adolescents, and transitional age youth.
- Provided linguistically appropriate therapy utilizing interpreters when warranted.
- Composed psychological affidavits and other documentation to support clients in their asylum cases.
- Coordinated with agencies, lawyers, and case managers to support clients and their families.
- Utilized evidence-based practices including Trauma-Focused Cognitive Behavioral Therapy.
- **Supervisor:** Andrew Geddert, Ph. D.

### **Linden Oaks Behavioral Health Outpatient Center**

**Naperville, IL.**

**Post-Traumatic Stress Disorder Services**

**Adolescent Chemical Dependency and Dual Diagnosis**

**Adolescent General Mental Health**

Therapy Extern

**2020-2021**

- Provided intensive, brief psychotherapy to culturally diverse preteens, adolescents, and adults attending Intensive Outpatient and Partial Hospital Programs.
- Assisted supervisor in launch of PTSD Services by collaborating on the design of program curriculum, program handouts and materials, and interdisciplinary guidelines.
- Co-led a three-week long, closed group, utilizing evidence-based Cognitive Processing Therapy.
- Conducted trauma-informed intake assessments to determine clients' goodness of fit to maintain program fidelity.
- Planned and facilitated process and skill groups teaching Dialectical Behavior Therapy and Acceptance and Commitment Therapy skills.
- Tracked drug screen levels to determine clients' level of abstinence.
- Provided family therapy and parent coaching in-person and over tele-health.
- Implemented crisis interventions and mediated with multidisciplinary team and family when stepping clients up to inpatient.
- Presented client progress and treatment plan updates during interdisciplinary treatment team meetings with nurses, expressive therapists, psychiatrists, and program managers.
- **Supervisors:** Jacqueline Sierzega, Psy. D.; Jerome Kaul, Psy. D.

### **Holy Family Medical Center – Keys to Recovery**

**Des Plaines, IL.**

Assessment Extern

**2019-2020**

- Administered neuropsychological batteries to a culturally diverse population of adults ages nineteen to fifty+ admitted for medical detox.
- Scored, interpreted, and composed integrated and concise reports.

- Conducted clinical interviews with empathy and consideration for clients' emotional and physical needs.
- Consulted unit nurses regarding clients' prescribed medications and subsequent ability to be tested.
- Delivered brief nonjudgmental and jargon-free feedback sessions explaining test results and recommendations.
- **Supervisor:** Joseph O'Donnell, Ph. D.

**Michelle Cutler, Ph. D. & Associates**

**Chicago, IL.**

Assessment Extern

**2019-2020**

- Designed and administered individualized psychological assessment batteries to culturally diverse and psychologically complex children and adolescents in a private practice setting.
- Scored and interpreted a wide range of standardized psychological and neuropsychological assessments including the Rorschach.
- Composed 30-page integrative diagnostic reports utilizing multiple data points to support diagnoses.
- Performed collateral interviews with teachers, therapists, and caregivers.
- Co-led/led feedback sessions with time allotted to address caregivers' questions and concerns.
- Proactively sought out supervision to review client conceptualizations based on data and observations.
- **Supervisor:** Erin Hagerty, Psy. D.

**OTHER RELEVANT CLINICAL EXPERIENCE**

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**The Sue Duncan Children's Center**

**Chicago, IL.**

Community Assistantship

**2017-2018**

- Promoted to a paid role after exceeding expectations when providing academic and emotional support to predominantly African American children in grades pre-K through 12 who lived in an under-resourced area of Chicago.
- Initiated conversations about nutritional and emotional well-being, taught alternative coping strategies for difficult emotions, and built rapport with children experiencing trauma, grief, and the hardships of living in a food desert.
- Redirected problematic and evasive behaviors to assist children in homework completion.
- Problem-solved with guardians in person and over the phone.
- Consulted with co-tutors, social worker, and supervisor regarding children's emotional and social functioning.
- Targeted age-appropriate academic needs by creating assignments to strengthen core academic skills.
- **Supervisor:** Owen Duncan

**Esperanza Community Services**

**Chicago, IL.**

ABA Paraprofessional

**2015**

- Functioned as an individual aid for culturally and socioeconomically diverse children ages six to 11 at a not-for-profit social service agency.

- Supported the Behavior Therapist in creation and execution of daily lesson plans informed by children’s Behavior Intervention Plan/Individualized Education Plan.
- Assisted with discrete trials and quantitative data collection.
- Used cognitive-behavioral cues to decrease maladaptive behaviors and increase appropriate behaviors.
- **Supervisor:** Cindy Dombkowski

### **LEADERSHIP EXPERIENCE**

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**The Chicago School of Professional Psychology, Chicago, IL.** **2017-2018**  
**Center for Multicultural Diversity Studies**  
 Student Success Assistant

**The Chicago School of Professional Psychology, Chicago, IL.** **2017-2018**  
 Clinical Child Psychology Co-chair

**The Chicago School of Professional Psychology, Chicago, IL.** **2015-2016**  
 Clinical Child Psychology Student Delegate

### **RESEARCH EXPERIENCE**

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**The Chicago School of Professional Psychology, Chicago, IL** **2015-2016**  
 Research Assistant

### **PRESENTATIONS**

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Drblik, J. (2021, June). Brief Object Relations: Theory and Treatment. Power Point Presentation at Linden Oaks Behavioral Health Outpatient Center, Naperville, IL

Piszczor, R., Drblik, J., DiMaggio, E., & Smith, T. (2016, May). Pediatric Sleep Disturbance: A Needs Assessment. Poster Presentation at The Chicago School of Professional Psychology Conference, Chicago, IL

### **CLINICAL CERTIFICATIONS**

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Trauma-Focused Cognitive Behavioral Therapy  
 Cognitive Processing Therapy  
 Supporting Transition Resilience of Newcomer Groups  
 Collaborative Institutional Training Initiative (CITI)  
 Crisis Prevention Intervention (CPI)  
 Nonviolent Crisis Intervention (NCI)

### **REFERENCES**

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**Annie Kimball, Psy. D.**  
 Licensed Clinical Psychologist  
 Annie.Kimall@maryland.gov

**Jennifer L. Carter, Psy.D.**  
 Licensed Clinical Psychologist  
 Jennifer.Carter@maryland.gov

**Elissa Stieglitz, Ph.D.**  
Licensed Clinical Psychologist  
Elissa.Stieglitz@maryland.gov