

Julie Mudryj, Psy.D.

Licensed Psychologist (Maryland #06423)

EDUCATION

Midwestern University 2013 - 2018
Psy.D. - Clinical Psychology Downers Grove, IL
M.A. - Clinical Psychology

University of Iowa 2008 - 2012
B.S. - Psychology Iowa City, IA
B.A. - Spanish

Universidad de Sevilla Fall 2011
Semester Abroad Seville, Spain

EMPLOYMENT

Kentlands Psychotherapy 2024 - Present
Psychologist

- Conducts psychological and psychoeducational evaluations.
- Provides feedback and recommendations based on evaluation data.

John L. Gildner Regional Institute for Children & Adolescents (RICA) 2017- Present
Psychologist

- Provides individual and family therapy for youth presenting with depression, anxiety, bipolar, school refusal, trauma/PTSD, ADHD, attachment, grief, physical and verbal aggression, and emerging personality disorders.
- Co-lead a weekly DBT Skills group.
- Supervise Predoctoral Psychology Interns for assessment and Psychology Associate for therapy and assessment.
- Advocate for supports and accommodations in a variety of contexts including school IEPs, therapeutic treatment planning meetings, and Maryland Department of Human Services Family Team Decision Meetings.
- Created an assessment seminar curriculum for incoming predoctoral psychology interns.
- Selected to represent the psychology department at RICA as a member of the Maryland Department of Health Leadership Institute.

RELATED PROFESSIONAL EXPERIENCES

Pre-licensure Psychology Associate with Maryland Department of Health John L. Gildner Regional Institute for Children & Adolescents Focus: individual, family, group therapy; psychological assessment	2018 – 2021
Doctoral Internship with Maryland Department of Health John L. Gildner Regional Institute for Children & Adolescents Focus: individual, family, group therapy; psychological assessment	2017 - 2018
Doctoral Practicum at Austin Family Counseling Center Focus: individual, family, and group therapy	2016 - 2017
Doctoral Practicum at Trinity Services Family Counseling Center Focus: individual, family, and couples therapy; parenting group	2015 - 2016
Doctoral Practicum at United Stand Counseling Center Focus: psychological assessment; neurofeedback	2014 - 2015

RESEARCH & POSTER PRESENTATION

<i>An Investigation of Sensory Issues as Antecedents of Hair Pulling in Trichotillomania</i> Midwestern University Doctoral Dissertation Chair: Nathaniel Krumdick, Ph.D.	2014 - 2018
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Designed and conducted a quasi-experimental study examining the clinical similarities and differences between Obsessive-Compulsive Disorder and Trichotillomania. Examined the relationship between a Trichotillomania diagnosis and self-reported sensory sensations and levels of perfectionism.

<i>An Investigation of Sensory Issues as Antecedents of Hair Pulling in Trichotillomania</i> TLC Foundation for BFRBS Annual Conference Poster Presentation	2019
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Provided a poster presentation showcasing dissertation research.

Neuroscience of Learning Lab Lab Assistant Professor: John Freeman, Ph.D.	2009 – 2012
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Provided assistance in a lab studying neural mechanisms of learning and memory, primarily identifying neural circuit interactions that contribute to associative motor learning. Research examined interactions between the prefrontal cortex, hippocampus, amygdala, and cerebellum during associative learning.

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ASSESSMENT TOOL PROFICIENCY

Cognitive: WAIS-IV, WISC-V, WASI, WJ-IV, CTONI-2, TONI-3

Achievement: WIAT-4, WJ-Ach, FAR, Nelson-Denny Reading Tests, TOWRE-2

Autism: ADOS-2, ADI-R, ASRS, SRS-2

Adaptive: ABAS-3, Vineland

Language: OWLS-2, CTOPP-2

Visuospatial & Graphomotor: Beery VMI, RCFT, Grooved Pegboard

Information Processing & Executive Functioning: Conners 3, D-KEFS, NEPSY-II, SCAN3:C, TEA-Ch2, WRAML-3

Socioemotional/Behavioral: AARS, ACS-2, A-DES, BASC-3, BRIEF-2, BDI-2, BAI, BYI-2, BHS, CDI-2, CRI, JI-R, MASC-2, MCMI, MACI, M-PACI, MMPI-2, MMPI-A, PAI, PAI-A, RISB, Rorschach, Roberts Apperception Test, TAT/CAT, TSCC, TSI-2, TSI-2-A

PROFESSIONAL SKILLS & ACCOMPLISHMENTS

- Adolescent, Teen, and Young Adult Psychological and Psychoeducational Assessment.
- Dialectical Behavior Therapy and Cognitive Behavior Therapy.
- De-escalation and Crisis Management.
- Fluent in Spanish (speak, read, and write).

PROFESSIONAL MEMBERSHIPS

- American Psychological Association
- Maryland Psychological Association
- The TLC Foundation for Body-Focused Repetitive Disorders
- Maryland Department of Health Leadership Institute Member