

# Jacinta M Perkins

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6032 Wild Ginger Ct, Columbia, MD 21044

## EXPERIENCE

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### **Therapist**

Expressive Therapy Center – Rockville , MD | November 2009 - Current

- Provide and conduct individual, group and family therapy to children, adolescent and adults
- Teach coping skills, anger management skills, social skills and parenting skills
- Assist parents to develop and implement behavior plans and contracts

### **Case Manager**

Life Compass Partners, Certified Educational Planner – Chevy Chase , MD | February 2007 - Current

- Assist the Educational Consultant to assess and identify the appropriate educational and/or therapeutic setting for the child, adolescent or young adult
- Collaborate with referring professionals and outpatient caregivers, school personnel and program staff
- Participate in phone conversations with the families and the staff at the facilities
- Mentor students as needed who are participating in home-schooling

### **In home Therapist**

Capital Region Children's Center, Out Patient Service | March 2007 - October 2011

- Provided and conducted in-home individual and family therapy to children and adolescent
- Taught coping skills, anger management, social skills and parenting skills
- Assisted parents to develop and implement behavior plans and contracts

### **Clinical Nurse Manager**

Children's National Medical Center, Psychiatric Day Treatment Center for Children and Adolescent – Rockville, MD | November 2004 - December 2006

- Oversaw the work of professional clinical staff; responsible for interviewing, training, performance evaluations and disciplinary action.
- Assisted in evaluation assessment and diagnosis of patients
- Provided group, family and individual therapy to patients and families
- Facilitated and implemented parent education and support groups
- Ensured program services and activities, staff and clinical records are in compliance with relevant regulatory agencies and managed care companies
- Monitored and gather Quality Assurance Data
- Collected and compiled program data as needed
- Developed and implemented strategies and monitor the budget for identified and anticipated needs
- Established effective working relationships with referring professionals and outpatient caregivers, school personnel and personnel from other human service agencies and organizations

- Consulted and coordinated with program attending psychiatrist
- Addressed patient and family concerns with program services

#### **Psychiatric Nurse Coordinator**

Children's National Medical Center, Psychiatric Day Treatment Center for Children and Adolescents – Rockville, MD | June 1996 - November 2004

- Assisted in the opening and development of the Child and Adolescent Day Treatment
- Provided case management including dictating discharge summaries
- Performed all aforementioned duties with the supervision of the Clinical Program Manager

#### **Clinical Manager**

Children's National Medical Center, Inpatient Child Psychiatric Unit – Washington, DC | December 1993 - June 1996

- Performed staff evaluations
- Oversaw staff and responsible for staffing schedules

#### **Staff Nurse**

Children's National Medical Center, Inpatient Child Psychiatric Unit – Washington, DC | May 1988 - December 1993

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## **EDUCATION**

#### **BSN**

The Catholic University of America | Washington, DC | May 1988

#### **MSN**

The Catholic University of America | Washington, DC | May 1994

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## **CERTIFICATIONS AND LICENSES**

Clinical Specialist in Child and Adolescent Psychiatric and Mental Health Nursing  
APRN/PMH- CNS- BS