

JOHANNA KOENIG

University of Maryland School of Social Work

Clinical Mental Health, Cumulative 4.05 GPA

St. Mary's Honors College of Maryland

B.A. of Sociology (2010-2013)

Montgomery College, Rockville MD (2009-2010)

Attained three years of valuable work experience; providing individual and family psychotherapy services to at risk children, adolescents, and families in the public and private sector, serving as a case manager for homeless population of greater Washington DC, serving as a hotline counselor to aid in crisis and suicide prevention, and administering Alpha Stim technology in a private practice setting. Licensed Certified Social Worker-Clinical as of July, 2018.

Child and Young Adult Therapist- Kentlands Psychotherapy, LLC

- Provide individual and family psychotherapy services to clients in a private practice setting
- Collaborates and coordinates care with other professionals pertinent to client's overall care
- Utilizes ongoing education to maintain relevant in current therapy interventions and modalities to best support individual clients

Part time Rehabilitation Specialist- Advanced Behavioral Health, LLC

(April 2018-September 2018)

- Advise the program director regarding development and implementation of rehabilitation services that reflect the need of the minors served by the program;
- Oversee Therapeutic Mentor staff to ensure client services are met;
- Obtain initial PRP authorizations;
- Developing and assuring that rehabilitation services meet the needs of the individuals served by the program

Child and Family Therapist- Advanced Behavioral Health, LLC

(May 2016-September 2018)

- Provide individual and family psychotherapy services using offsite counseling services model
- Utilize CBT framework to assign therapeutically appropriate interventions to meet treatment goals
- Coordinate, advocate for, and organize care for at risk youth in Montgomery County Public Schools (MCPS) through role as contract therapist
- Support and educate individuals and families about IEP and 504 process, while coordinating appropriate resources with school authorities and officials
- Conduct medication management and coordinate care with treating psychiatrist and appropriate health care providers
- Maintain thorough knowledge of DSM diagnoses and knowledge of corresponding psychotropic medication
- Complete psychiatric evaluation assessments for new clients
- Implement OMS (outcome measurement scale) to enable insurance authorization and maintain client files and medical charts per COMAR regulations

Social Work Intern- Advanced Behavioral Health, LLC

August 2015- April 2016

24 Hours/Week, total of 30 weeks

- Provide individual and family psychotherapy services to clients using an OCS (Offsite Counseling Services) model
- Utilize cognitive behavioral framework to enable clients to meet treatment goals

- Collaborate with client(s) and supervisor to create treatment plan reviews and maintain treatment plans
- Create clinical notes after each session to document client progress in treatment
- Perform Eligibility Verification Services every month to ensure clients are eligible to receive services provided by Medicare
- Conduct Chart, progress note, and evaluation audits for Therapists within ABH to ensure quality control following COMAR regulations

Senior Clinical Intern- Kentlands Psychotherapy, LLC

July 2015

30 Hours Total

- Revised and edited monthly advice column for Lakelands Leader Publication
- Conducted pre-treatment interviewing to Alpha Stim Patients
- Administered and facilitated proper protocol for patients using Alpha Stim treatment
- Created clinical notes for Alpha Stim Sessions
- Observed individual psychotherapy sessions and provided observations to licensed therapist afterwards
- Acted as project coordinator for National Night Out 2015

Social Work Intern- Community Council for the Homeless at Friendship Place

August 2014-April 2015

16 Hours/Week, total of 30 weeks

- Utilized motivational interviewing and client centered approach to assess client goals
- Conducted direct outreach services for homeless population of DC
- Facilitated crisis intervention and referral services to clients coming to the drop in center
- Led a therapeutic mindfulness and meditation group bi-weekly to teach participants stress coping skills
- Collaborated with fellow interns to organize Health Day event to give clients direct access to basic health information and services through the DC Department of Health
- Organized and led community based advocacy event to provide information to general public about homelessness and market Friendship Walks Fundraising event

Paid Hotline Counselor: Mental Health Association of Montgomery County

April - July 2014

32 Hours/Week

- Utilized training from National Suicidology Association to assist and support LifeLine callers facing crisis in the DC Metropolitan Area
- Was solely responsible for responding to Youth Crisis Line, LifeLine, and Montgomery Crisis Hotline activity during from 12am to 8am night shift

Volunteer Hotline Counselor: Mental Health Association of Montgomery County

January - April 2014

4 Hours/Week

- 52 hours of hotline skills training through the American Association of Suicidology
- Provide confidential crisis/suicide intervention and prevention
- Facilitate problem solving to take necessary steps to ensure safety and resolution of crisis
- Provide callers with referrals to other support networks within Montgomery County and Maryland
- Utilize suicide assessments and safety planning
- Engaged local law enforcement intervention when necessary

Additional Skills

- Fluent English and German, basic level Spanish
- Proficiency in utilizing Statistical Package for Social Sciences (SPSS)
- Proficiency in Excel, Word, PowerPoint, Outlook
- Certified Yoga Instructor (RYT-200)

Awards and Honors

Phi Kappa Phi Honors Society (2016), Healthcare Initiative Scholarship of Montgomery County Recipient (2015, 2016), Senatorial Scholar Recipient, District 17 (2015, 2016), Alpha Kappa Delta Sociology Honors Society (2013), Lutheran Lay Fellowship Scholarship (2012), Board of Trustees Scholarship Recipient, Montgomery College (2009-2010), Maryland Community Service Recognition (2009)